

# **RULES AND REGULATIONS: U-13/U15 DIVISION**

## **LAW I: THE FIELD.**

Field Dimensions: Approximately 110 yards long X 70 yards wide.

Markings: Distinctive lines not more than five (5) inches wide.

A halfway line shall be marked out across the field.

A center circle with a ten (10) yard radius.

Four (4) corner arcs with a one (1) yard radius.

Goal area: Six (6) yards from each goal post and six (6) yards into the field of play joined by a line parallel with the goal line.

Penalty area: Fourteen (14) yards from each goal post and fourteen (14) yards into the field of play joined by a line parallel with the goal line.

Goals: Eight (8) feet high x eight (8) yards wide.

## **LAW II: THE BALL.**

Size five (5).

## **LAW III: NUMBER OF PLAYERS.**

Maximum number of players on field = eleven (11) per side, one (1) of whom may be a goalkeeper unless altered by the "run away game" policy

League shall determine number of players on the roster for each season; not exceed eighteen.

Playing time: Each player SHALL play a minimum of 50% of the total playing time.

## **LAW IV: PLAYER EQUIPMENT.**

Tennis shoes or soft-cleated soccer shoes.

Shin guards are MANDATORY!

## **LAW V: REFEREE.**

Registered referee.

Referee's decisions on points of fact connected with the game shall be final.

All rule infractions shall be briefly explained to the offending player.

## **LAW VI: LINESMAN.**

Registered Linesmen.

## **LAW VII: DURATION OF GAME:**

The game shall be divided into two (2) equal halves of thirty (35) minutes each.

There shall be a half-time break of five (5) minutes.

In case of extreme heat/cold, and with notification to both teams prior to the start of play:

The game shall be divided into four (4) equal fifteen (17½) minute quarters.

There shall be a two (2) minute break between quarters.

## **LAW VIII: THE START OF PLAY.**

Opponents must be ten (10) yards from the center mark while kick-off is in progress.

## **LAW IX: BALL IN AND OUT OF PLAY.**

Ball must completely cross the touch line to be considered out of bounds.

## **LAW X: METHOD OF SCORING.**

Scores shall be kept and recorded by the Age Director or designated volunteer

All players will receive a participation trophy/award

## **LAW XI: OFF-SIDE.**

Off-sides shall be called.

## **LAW XII: FOULS AND MISCONDUCT.**

All fouls will conform to FIFA rules.

**LAW XIII: FREE KICKS.**

Opponents must be ten (10) yards away before the kick is allowed.

**LAW XIV: PENALTY KICKS.**

Penalty kicks shall conform to FIFA rules.

**LAW XV: THROW-IN.**

Throw-ins shall conform to FIFA rules.

**LAW XVI: GOAL KICK.**

Goal kicks shall conform to FIFA rules.

**LAW XVII: CORNER KICK.**

Opponents must be ten (10) yards away from the ball.

**STYSA ADDITIONAL RULES AND REGULATIONS:**

Opposing coaches and players should shake hands after each game.

STYSA will record league standings and award participation or placement awards.

STYSA will record final scores.

No one shall sit or stand within twenty (20) yards of the goal line or behind/along the goal lines.

Parents should not coach or instruct players during the game.

No alcoholic beverages or smoking materials shall be consumed or allowed near the playing area.

No foul language or gestures at practices or games.

No derogatory comments to players, referees, coaches or parents at practices or games.

Suspend or cancel games or practice when lightning is near.

“Run-away Game” policy will be implemented when necessary.

No dogs at games or practices

Opposing teams and fans **MUST** be on opposite sides of the field.

No names are allowed on uniforms or names with numbers on banners.

Sweat pants of the same color as the shorts may be worn on cold days.

No jewelry i.e. earrings, bracelets, necklaces Medical Alert’s must be taped

If needed, home team shall wear vests.